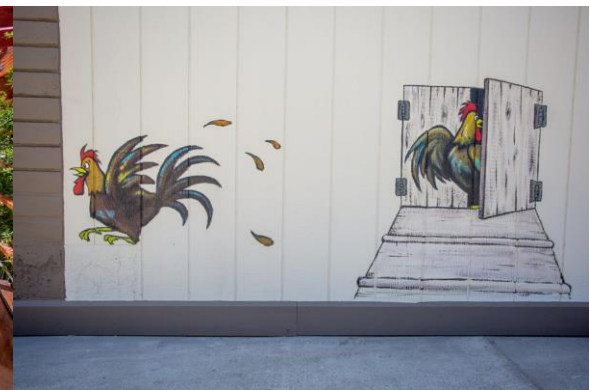




## Wake Up To the Dawn of a New Breakfast Republic

by [Candice Woo](#) , photos by [Bradley Schweit](#) Jun 25, 2015, 9:10a





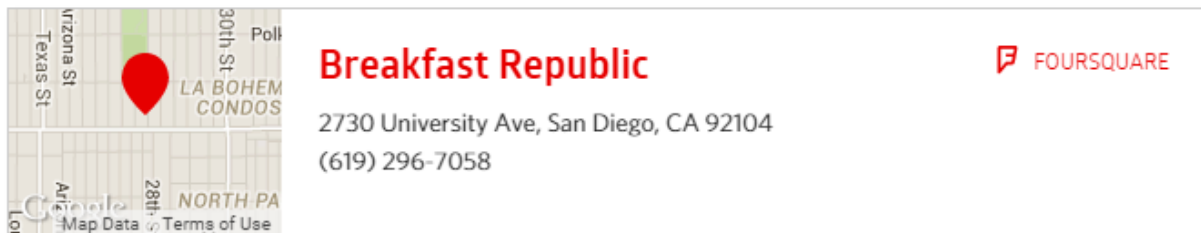
*North Park has a new place to start the day.*

With three thriving Fig Tree Café's plus Del Mar's Café Cantata to his name, **Johan Engman** is unquestionably an expert in what people like to eat for breakfast. His newest morning eats-centric offering, [Breakfast Republic](#), which launched at 7 a.m. today and will be open from 7 a.m. to 3 p.m. daily, is the next evolution in his Rise & Shine Restaurant Group and it involves beer, lots of beer.

15 taps of beer await pairing with a.m. fare at the recently remodeled 2,100-square-foot University Avenue restaurant, formerly Western Steakburger, which now holds 95 seats that span the dining room, wrap-around front patio and newly-added back patio. Prosecco, sauvignon blanc, two kinds of kombucha and house cold brew are on draft too, with two sizes of take-home growlers available for the kombucha and coffee.

Engman, whose irreverent and cheeky design touches everything from the glassware to the ceiling, walls, and restrooms (you'll see), says he designed Breakfast Republic's menu to be unique in the San Diego breakfast realm, taking inspiration from his travels and transforming favorite dishes into morning fare. The famous wings at Portland's Pok Pok are a jumping off point for his Vietnamese chicken wing breakfast bowl, Mexican churros get reimagined in pancake form, and jambalaya gets brunch-y with a three egg-topping; all eggs are sourced from a family farm in Ramona.

Though Engman won't likely open more Fig Tree Cafe's in San Diego, he designed Breakfast Republic to be scalable and replicable and says he's already in lease negotiations for a second location.





## PLAYING FARE

### Breakfast Sammie 9 ④

jurassic pork bacon, tomato, herb spread, eggs over medium, sourdough bread served with house potatoes

### 2 Veggie Breakfast Tostadas 10 ④

black beans, monterey jack & cheddar cheese, avocado, pico de gallo, 2 over medium eggs served with sour cream and house potatoes

### Vietnamese Chicken Wing

### Breakfast Bowl 12 ④

5 sweet 'n spicy wings over white rice, served with asian veggies and 3 eggs any style

### Turkey Meatball Hash 12

3 eggs any style, spinach, smashed turkey meatballs, pesto, house potatoes served with bread choice

### Breakfast Bacon Mac 'n Cheese 8

topped with 3 eggs any style: macaroni, cheddar cheese, jack cheese, bacon upgrade to jurassic pork bacon \$2

### Rob Benzon Breakfast Burrito\* 9

eggs, scallions, bacon, Ortega chilis, monterey cheese

on side: black beans, mexican rice, and salsa upgrade to jurassic pork bacon \$2 | add avocado \$2

\*\$1 per sold burrito is donated to the Rob Benzon Foundation

### Chilaquiles 10 ④

corn tortillas, house made red salsa, 3 eggs any style, queso fresco mexican cheese, sour cream served with beans and rice

### Seasonal Fruit Plate 6 ④

### American 9 ④

3 eggs, choice of sausage or 3 strips of bacon, house potatoes, and choice of bread

### Shrimp & Grits Breakfast 13 ④

grits & shrimp cooked with BR cluckin' good hot sauce, gouda cheese, fresh sweet corn, and chives

### Breakfast Quesadilla 8

bacon, tomato, green onion, jack & cheddar cheese, green bell pepper, topped with mango salsa

### Breakfast Hot Dog 8

served with smashed house potatoes, 2 eggs any style topped with bacon and green onion upgrade to jurassic pork bacon \$2

### Breakfast Jambalaya 13 ④

shrimp and portugese linguisa sausage, rice, green onion, red bell pepper, topped with 3 eggs any style

### BR Granola with Housemade

Mixed Berry Yoghurt 7 ④  
oats, almonds, pecans, creamy peanut butter, raisins, and brown sugar

We proudly serve cage free eggs from happy free range chickens at a family owned farm in Ramona!

WiFi Password RunCockRun

## BENEDICTS

served over sourdough english muffin, topped with made from scratch gluten free hollandaise sauce, and with house potatoes.

### Croque Monsieur 11 ④

ham, gruyere cheese, eggs & bechamel sauce

### Mushroom 'n Pesto 11 ④

button & oyster mushrooms, red bell peppers, spinach, hollandaise & pesto sauce recommended with: asiago-fennel sausage add \$2 | shrimp add \$4

### Traditional 9 ④

canadian bacon recommended with: avocado & tomato add \$2

### House Made Crab Cake 13

recommended with: avocado & tomato add \$2

### San Diego 11 ④

turkey, avocado, cilantro, hollandaise sauce

## OMELETS

made with 4 cage free eggs, served with house potatoes and bread of choice!

\*egg whites only\* for \$1.50 // substitute your bread or potatoes for a pancake of choice: \$4 bread choices: sourdough english muffin, sourdough, multigrain, gluten-free multigrain, wheat

### Asiago-Fennel Sausage Omelet 12 ④

red onion, potatoes, green bell peppers, jalapeño & jack cheese

### Saison Frittata 11 ④

asparagus, white button and oyster mushrooms, goat cheese, all cooked with modern times saison beer

### Hickory Smoked

### Sonoma Jack Cheese 12 ④

with red bell pepper, potatoes, onion, garlic, and mozzarella cheese

### Mashed Potato Omelet 9 ④

with bacon and cheddar cheese

### Duck Breast 13 ④

pan roasted duck breast cooked in apple juice & brandy, onions, garlic, peaches, and monterey pepper jack cheese

Kombucha + Breakfast Republic Cold Brew available in growlers to go

32oz growler .....\$3 + refill

64oz growler .....\$5 + refill

Kombucha refill:

32oz .....\$16 64oz .....\$30

Breakfast Republic cold brew coffee:

32oz .....\$12 64oz .....\$20

## SCRAMBLES

made with 4 cage free eggs, served with house potatoes & bread of choice.

\*egg whites only\* for \$1.50 // substitute your bread or potatoes for a pancake of choice: \$4

### Portugese Linguisa Sausage 11

with bacon, **BR Cluckin' Good** hot sauce (mixed in), green bell peppers, garlic, tomatoes, thyme, and oregano

### Chicken-Mango Sausage 11

with bacon, ham, cheddar, and onion

### Blue Cheese Sausage 11

with blue cheese, mushrooms, and red bell pepper

### Veggie 9 ④

broccoli, mozzarella, tomatoes, and spinach

## PANCAKES

all orders come with 3 pancakes unless otherwise specified.

### Buttermilk Pancakes 7 ④

### Oreo Cookie Pancakes 10 ④

### Bacon Pancakes 10

comes with 4 pancakes

### Churro Pancakes 9 ④

### Apples 2 Ways 9 ④

### Cinnamon Roll Pancakes 9 ④

topped with walnuts and cinnamon

### Pineapple Upside Down Pancakes 9 ④

topped with pineapple butter

### Mint Chocolate Chip Pancakes 9 ④

topped with mint butter

### Flight of 3 Pancakes 11 ④

choose 3 of the above, mix & match however you please

## French Toast

### Lemon 'n Coconut 9 ④

lemon zest french bread topped with coconut shavings

### Banana Split 11 ④

topped with caramelized banana, vanilla ice cream, walnuts, and chocolate sauce

### S'mores 12 ④

graham cracker crusted brioche bread topped with toasted marshmallows and chocolate sauce

### Mr. Presley 12

peanut butter stuffed french toast topped with banana fosters and bacon

### Mascarpone and Strawberry 11 ④

### Gluten Free Cinnamon Raisin 11 ④

topped with choice of banana fosters or strawberries and house whipped cream

### Brioche 9 ④

### French Toast Sampler for 2 people 18 ④

choose 3 of the above, mix & match however you please

HOUSE POTATOES are rosemary-herb roasted!

④ VEGETARIAN ⑤ VEGAN ⑥ GLUTEN FREE ⑦ GLUTEN FREE OPTION

Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

## BEVERAGES

Bottomless Organic  
Breakfast Republic Blend Coffee: 2.75

Chai Latte/Latte/Cappuccino  
12oz: 3.75 // 16oz: 4.75

Specialty Lattes

12oz: 4.75 // 16oz: 5.75

Breakfast Republic Latte

vanilla, chai, and mocha

Oreo Cookie Latte

Junior Mint Latte

Mexican Mocha

Salted Caramel Latte

Caffeine Overdose 8

unsure if you want a latte, cappuccino  
or mexican mocha? try a flight of all 3!

4oz of each (one milk choice please)

ORGANIC LOCAL ANTIOXIDANT SHOTS 3 each // 7 flight of all 3

Tropical Detox

geared towards detoxification of heavy  
metals while increasing blood production,  
balancing hormones, blood pressure,  
and cholesterol

Cellular Boost

detoxify, hydrate & nourish your cells  
with a potent blend of organic sulfur &  
superfruits while supporting healthy  
inflammation levels for joints. restores vital  
body electrolytes while maintaining healthy  
glucose levels and cellular growth.

Immune Boost

stimulate the growth of intestinal  
micro-flora while decreasing inflammation  
to stimulate the immune system. a good  
source of vitamin c, b vitamins, magnesium,  
calcium, iron, manganese, zinc, potassium  
& micro-nutrients. promotes relaxation and  
healthy sleep patterns.

Cocky 12 12oz: 2.95 // 16oz: 3.95

12 hour cold brew highly caffeinated extraction,  
served over coffee ice cubes

Sweetie Cocky 12 12oz: 3.50 // 16oz: 4.50  
with vanilla, half & half, served over coffee ice cubes

Organic Black Iced Tea 2.50

Bottomless Sodas/Lemonade 2.50

In House Fresh Squeezed OJ

SM: 3.75 // LG: 4.75

Hot Tea 2.50

(all organic) english breakfast, chamomile,  
green tea, raspberry hibiscus

ingredients: fresh pressed organic mango,  
pineapple & grape juices. organic gelatinized  
peruvian masa grown at 14,000 feet & organic  
wild ecuadorian spirulina grown at 9,500 feet.

ingredients: fresh pressed organic apples,  
cranberries, grapes, acer, pomegranate,  
blackberry, blueberry, cherry & rose hips. organic  
sulfur, vitamin c, polysaccharides, antioxidants,  
minerals, alkaloids, and other bioactive nutrients.

ingredients: fresh pressed organic tart cherry,  
pear, apple, grape, lemon & rose hips.  
organic turmeric root, baobab fruit, and  
cayenne pepper.

## ON DRAFT

Organic Ginger Kombucha

8oz: 3 // 16oz: 5

Rotating Kombucha Tap

8oz: 3 // 16oz: 5

Nobilo Sauvignon Blanc 8

Glera Frizzante Unokey "Singlo" Prosecco 8

Fat Cat Pilsner 5

La Jolla, ABV 5.3% (16oz)

Julian Hard Apple Cider 5

Julian, ABV 6.9% (16oz)

Ommegang Witte Wheat Ale 5

New York, ABV 5.2% (16oz)

Modern Times Black House

Coffee Stout 5

San Diego, ABV 5.8% (16oz)

Brasserie D'Achoffe Houblon

Chouffe Dobbelen IPA Tripel 7

Belgium, ABV 9% (8oz)

Mother Earth Cali Creamin

Vanilla Cream Ale 5

Vista, ABV 5.2% (16oz)

Port Brewing Wipeout IPA 5

San Marcos, ABV 7.5% (16oz)

Organic Cold Press Coffee

8oz: 2.50 // 16oz: 4

house-made breakfast republic blend served over  
coffee ice cubes

Saint Archer Pale Ale 5

San Diego, ABV 5.2% (16oz)

AleSmith Nut Brown 5

San Diego, ABV 5% (16oz)

Stone Ruination Double IPA 2.0 5

Escondido, ABV 8.5% (16oz)

Franziskaner Hefe-Weisse Dunkel 5

Germany, ABV 5% (16oz)

Goose Island Matilda Pale Ale 5

Chicago, ABV 7% (16oz)

Spaten Lager 5

Germany, ABV 5.2% (16oz)

Elysian Dragonstooth Stout 5

Seattle, ABV 7.5% (16oz)

## SPECIALTY DRINKS

Cranberry, Grapefruit, or  
Fresh Squeezed OJ Mimosa 6

Prosecco Fresh Squeezed OJ Mimosa 8

White Peach Bellini (Prosecco +

White Peach Puree) 8

Fresh Squeezed OJ Carafe +

Bottle of Brut 20

Ginger Kombucha Mule 8

organic kombucha, vodka, fresh lime, muddled mint,  
splash of sierra mist

Blueballs 8

vodka, brut, muddled mint, and blueberries

Coco Fizz 8

vodka, brut, coconut syrup, and raspberries

Jal-Apeñ-O Business 8

vodka, soda water, jalapeno, mint, fresh lime,  
and strawberries

Ommegang Witte Beermosa (16oz) 7

Bloody Mary 8

Jurassic Pork Bloody Mary 8

## A LITTLE SOMETHING ON THE SIDE

Any Sausage 4

Side Bacon 3

Mixed Veggies 4

Jurassic Pork 5

thick cut bacon marinated and baked  
with paprika & brown sugar

Beer & Sausage Sampler 13

four 1.5oz sausage samples and four  
4oz beer samples\*

- Buffalo Blue Cheese
- Maple Apple Cinnamon
- Hickory Smoked Sonoma Jack Cheese
- Breakfast Link
- Asiago Fennel
- Portuguese Linguisa
- Chicken Mango
- Louisiana Style Andouille

\*Beer serving sized beer will have 2oz pour in sampler

## BEER FLIGHTS \$8

Lighter Side

- Ommegang Witte
- Modern Times
- Lomaland Saison
- Cali Creamin
- Julian Hard Cider

Hoppy

- Saint Archer Pale
- Stone Ruination
- Double IPA 2.0
- Wipeout IPA
- Houblon Chouffe
- Dobbelen IPA Tripel

SD Classic

- Saint Archer Pale
- Stone Ruination
- Double IPA 2.0
- Wipeout IPA
- AleSmith Nut Brown

Bolder Side

- Modern Times Black
- House Coffee Stout
- Franziskaner Hefe-Weisse Dunkel
- AleSmith Nut Brown
- Goose Island
- Matilda Pale Ale



## BREAKFAST REPUBLIC MERCHANDISE

Caps 12

T-shirts 18

Hoodies 30

11oz Coffee Cup 10

16oz Coffee Cup

white 12 // black 15

Coffee Tumbler 8

8oz Cluckin' Good Hot Sauce 6

16oz Pint Glass 5

10oz Beer Goblet 5

