



## FIG TREE CAFÉ IN SAN DIEGO

Follow My Gut May 26, 2015

Best of the Best, Breakfast or Brunch, Comfort Food, San Diego

Since the start of the month, my life has been non-stop, which is both a good thing and a bad thing. The good part is I got to work on a TV show. “Oh my gosh, I wasn’t expecting this Academy Award!” I know, I’m getting ahead of myself. The bad part is I need to buy a new car. That being said, the majority of my focus this past month has been prepping for the show then researching and testing out new whips...ok sedans. In between being on set and on car lots, I’ve been trying to keep up with things at work, on this blog, and still get sleep. With so much happening all at once, I needed to get out of town. Where did I go? San Diego. What did I do first? A foodie adventure and the spot of choice was [Fig Tree Café](#) in Pacific Beach.

### DISCLAIMER:

Food at this restaurant was provided complimentary or at a discounted price. A courtesy meal doesn't mean the restaurant was exempt from my negative critiques or my butchering of the food (pun intended). Instead, this review is an honest reflection of my dining experience.



I was invited to Fig Tree Café for brunch and brought my friends Lauren and Andrea along with me. Once our GPS told us we had arrived at our destination, we saw a restaurant nestled underneath trees full of the greenest leaves. It looked beautiful. Then we stepped into the restaurant and saw a quaint outdoor eatery full of adorable trinkets. Inspirational quotes were hung throughout the dining area, large coffee bags were used as decoration, and lights cascaded around the walls. It felt cozy, relaxing, and inviting. Just what I needed to help me forget about cars, license, and registrations. It was a very 'woo-sah' type of place.







Once we sat down, we took a look over the menu. The menu is detailed and has unique items, but it's difficult because there are so many options that all sound great. After darting my eyes back and forth and then asking the waitress for a few more minutes (8 minutes, but who's counting), we were ready to order.

For drinks, I went with the **Dirty Chai Latte with Pumpkin** (\$3.85, medium), Lauren got the **Ginger Kombucha** (\$3, 16oz), and Andrea ordered a **Toasted Marshmallow Latte** (\$3.50 +.50 for marshmallow flavor). I love that Fig Tree lets you can create a beverage



exactly as you want it. And the fact that they have pumpkin flavor in May when Starbucks stopped getting it in February was huge for me! Cool points to Fig Tree. With each sip of the latte in the large black mug, I fell in love with my drink. It was so warm and full of the pumpkin spice that I long for every Christmas season. Opposite of this, Lauren's ginger kombucha in the mason jar wasn't something either of us were so crazy over. I'm not a fan of ginger so I ruled it out as my drink of choice. Lauren's reason was she simply didn't care much for the taste of the organic tea in the drink. So she dipped into Andrea's marshmallow latte. There aren't actual marshmallows in the drink, instead it's a blended flavor. The drink is creamy, chocolatey, and feels like a nice night watching TV under the blankets. It was great. And the white Rise & Shine mug made it even cooler!



Next up, was the food! Andrea ordered the **Stuffed French Toast(\$12.95)**. Then I got the regular **French Toast (\$7.95)**, added **Cinnamon and Sautéed Apples (\$2.50)**, and a side of **Man Candy bacon (\$4.75)**. Finally, Lauren got the plate that I debated on getting which was the **Wally Burrito (\$9.95)** with a side of **Man Candy bacon (\$4.75)**.



Andrea's Stuffed French Toast was massive! It was packed with strawberries, mangos, and mascarpone cheese. Once she cut into it, the cheese danced around the colorful fruit. A forkful of it was delicious. The warm toast alongside the fruit and cheese was exciting to my taste buds and my gut. Andrea agreed when she finally got her dish back from me.

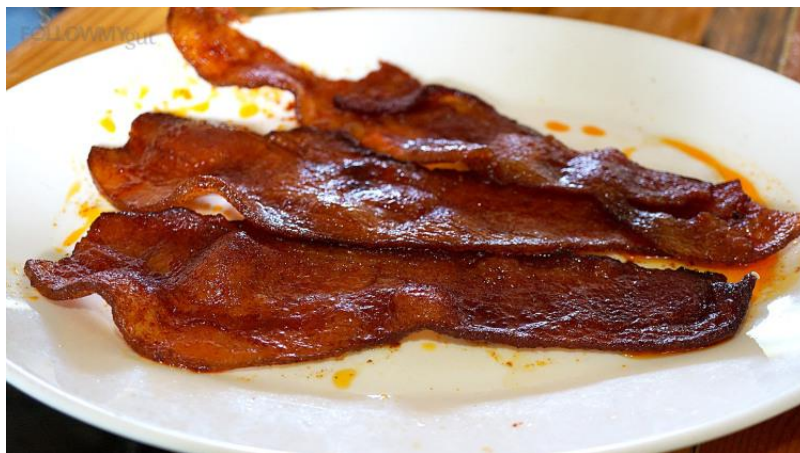


I loved my French toast and was so glad that I got the cinnamon and apples with it. The two slices of brioche bread would have been great on their own, but adding cinnamon and apples made it even better. As soon as I poured the syrup over dish, it was like the entire meal came together. The apples were browned perfectly, the toast was crispy on the outside while soft on the inside, the powdered sugar increased the sweetness, making it a brunch that was easy to devour. It was amazing! If you didn't sing that sentence the way Oprah sings about her giveaways then please check your pulse. This food is worth singing about.





And don't forget, I had bacon. It is seriously the best bacon on the planet. The thick cut slices are glazed with brown sugar and paprika and taste phenomenal. It's juicy, sticky, tender, and full of so much flavor that I'm drooling as I'm typing this. Maybe someone would send me some, any takers?



Lauren is a fat genius, just like me. The reason I say that is because when she ordered her Wally Burrito, she asked to have the man candy stuffed inside of the burrito. That means the burrito that was already packed with three scrambled eggs, Monterey cheese, avocado, scallions, house potatoes, and salsa was going to be expanded with thick bacon. The bacon took the burrito to the next level. It made the burrito sweet, hearty, and exceptional. Each bite was full of so many amazing pieces that you have to dive into it. Want to look pretty while eating it? You won't. Just eat the way you feel it.



While I was excited to get away from the chaos at home and dine at Fig Tree Cafe, I didn't have high expectations for it. However, I was more than pleasantly surprised to see, smell, and taste just how great their food was. The lattes, French toast, the burrito, and the man candy bacon was all so mouthwatering that I slip into daydreams just writing about it. Then I come back to reality and remember I have to buy a car.

If I mastered teleportation, I wouldn't have to buy a car and I could get more Fig Tree Cafe. I should work on that.

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